

Suffolk Educational LOCAL 870 REGION ONE 12th School District MEMBERSHIP CONFERENCE 2022

****Membership is Right, Together We Fight****

SUFFOLK EDUCATIONAL LOCAL 870

MARIA NAVARRO, PRESIDENT

LOCATION: East Wind Hotel/Spa Conference Center

Wading River, NY 11792 #631-929-3500

CSEA REGION ONE

JERRY LARRAICHUTA, PRESIDENT

DATE: Saturday-September 17, 2022

TIME: 8am-3pm

PLEASE NOTE: REGISTER EARLY: ONLY THE FIRST 500 MEMBERS WILL BE ACCEPTED. REGISTRATION TABLES OPEN AT 7:45am

Workshop Descriptions:

Money Matters! Presented by: Kyle McKenna: Tips dealing with debt, how to budget for future needs, & building your credit score are all important factors we will discuss during this Exclusive CSEA Workshop. Join Kyle McKenna and the CAP COM team to learn how to improve your financial situation and reduce money worries by putting these tips into practice.

NYSHIP & Retirement & Medicare, oh my! Presented by: Phil Lupe; Health insurance is one of the most important benefits you have as a union member, but it's also one of the most confusing. Each school district has unique health insurance contract language in their respective collective bargaining agreements, so some benefit and eligibility rules may differ based on what was negotiated. Join representatives of the CSEA Health Benefits Department for an in-depth interactive discussion on "what you should know" about your Empire Plan benefits and how retirement and Medicare impact your continued coverage. Also learn about some of the options that may be available if you are not eligible for insurance through your school district.

The Art of Negotiations: Presented by: Work Institute -There is no job that doesn't use negotiation. It is the key to our career success. We all know that no one gives us anything for free, it is all about give and take. This is a motivating class in which individuals learn to strengthen their own personal negotiation techniques. Joined by Region One Director Miguel Cruz, adding the CSEA procedures for School District negotiations !

Member Benefits: Jessica LaFountaine; Member Benefits Specialist. In this interactive workshop you will learn the many participating providers CSEA has to offer. There will be a presenter from a variety of member benefits to explain exactly how you and your family can benefit from the many offers available to you because you are a CSEA member.

MEMBERSHIP HAS IT'S BENEFITS!

Pearl Insurance: Presented by; Will Tregarthen Insurance Specialist: Exclusive insurance programs and benefits for CSEA dues paying members. This Region One Themed Game Show Event is one you don't want to miss, come join us for a fun filled educational workshop.

Legal Service: Presented by; Vinny Rossilo, Attorney at Law; FOA will be hosting a workshop on workers' compensation benefits. During the workshop, FOA will discuss all you need to know about workers' compensation and the benefit of utilizing our legal services for your workers' compensation case. FOA is proud to be CSEA's only Statewide Endorsed Legal Services Provider for Workers' Compensation benefits, Social Security Disability Benefits, Veterans Disability Benefits and Personal Injury Matters.

Retirement(All Tiers 3,4,5&6): Presented by; Joseph Wojnicki; NYS Retirement Representative -This is an interactive program presented by an Information Representative from the NYSERS. Participants will learn the critical elements involved in the calculation of their pension benefits, what they can do to maximize these benefits and obtain information on how and when to contact NYSERS to obtain their specific information. Participants will also have the opportunity to ask questions related to pension benefits during and after the presentation. In addition to a verbal and Power Point presentation, participants will also receive a guide that covers pension information in more detail.

The 5 Buckets Principle: Presented by; Work Institute Representative: Is it possible to meet the competing demands of finances, friends, family, work, health and community? The resounding answer is Yes! In this fun, interactive seminar, participants will learn the 5 Buckets Principle of work/life balance and to get the tools to prioritize what is and should be important to them. They will learn how to think about the BIG PICTURE without ignoring the little things that matter. We will show them how to find the time to manage it all, including time for themselves, and for fun, by identifying priorities, making choices and managing expectations.